ALOXA.AI

Result of Your Hair Test Report ID: ALX3F82FC8 Report Date: Apr 22, 2025

Norwood Hamilton Scale

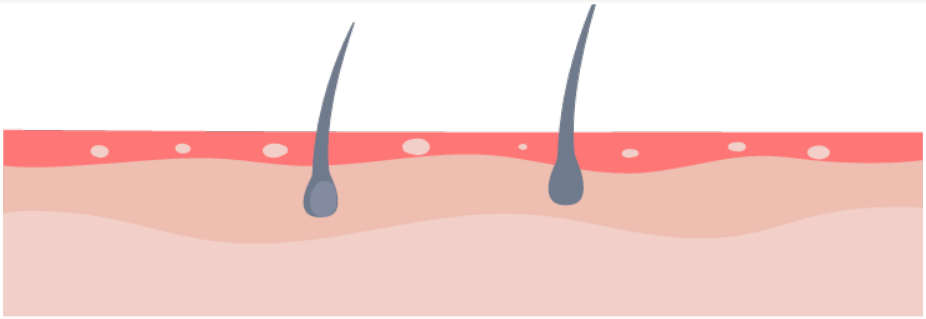
Stage 1

Your photos display some receding of the hairline at the level of the temples, and this is often a sign of the beginning of alopecia androgenetica. It is important to carefully monitor your level of hair loss, and you are recommended to repeat this test in six months to identify any changes.

Hair Analysis

Hair Count	~ 100000
Type	Straight Hair
Density	Optimal Density

Scalp Analysis



Dandruff	Not Visible

Hair Status and Treatment Options with Hairdresser

Deep Conditioning & Hydration

Consider deep conditioning for dry hair – ask your stylist for suitable products.

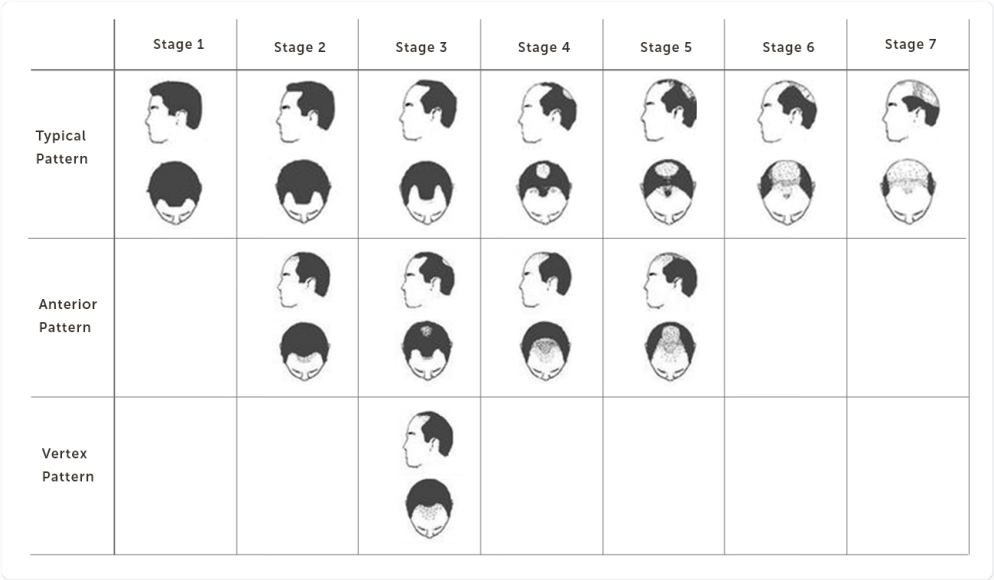
Scalp Massages And Dermarolling

Use scalp massager and dermaroller to boost scalp health and blood circulation.

Hair and scalp care.

Please use Shampoo without sulphate and avoid harsh dyes or heat treatments

Norwood-Hamilton Scale



Norwood-Hamilton **Stage 1**

Recession around the temples

Your photos display some receding of the hairline at the level of the temples, and this is often a sign of the beginning of alopecia androgenetica. It is important to carefully monitor your level of hair loss, and you are recommended to repeat this test in six months to identify any changes.

Early Signs of Hair Loss: Monitoring and Treatment Options

Medical treatment of alopecia androgenetica works best when the condition is still at its early stages. Products with an activity against DHT (dihydrotestosterone) may help you recuperate hair on your temples and prevent the progression of alopecia.

Nutrition and Wellness

Regardless, make sure you get enough sleep and manage stress as best you can. Avoid smoking, as tobacco is a risk factor for both the development and progression of androgenetic alopecia. Eat a healthy, balanced diet. If you think your diet may lack certain supplements that support strong hair, such as Vitamin B8, vitamin A, vitamin D, vitamin E and zinc.

Scalp Care for Healthier Hair Growth

Improving the blood flow in your hair follicles can be achieved with a massager. In some countries, dermarollers with pins of 0.5 mm are also used in this purpose. Use an adequate shampoo every two days, making sure to deeply massage your scalp during two minutes at least, and rinse your hair thoroughly. Do not use hot air from a dryer, as this damages the hair.