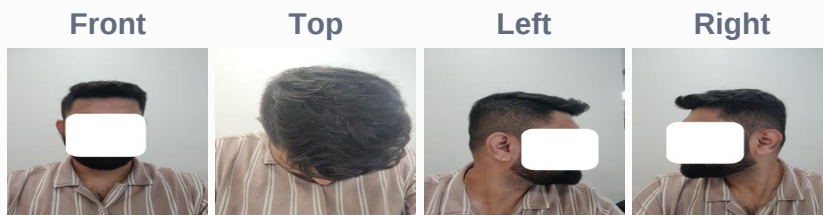


Result of Your Hair Test

Report ID: alx3f8484e

Report Date: May 08, 2025

User Photos



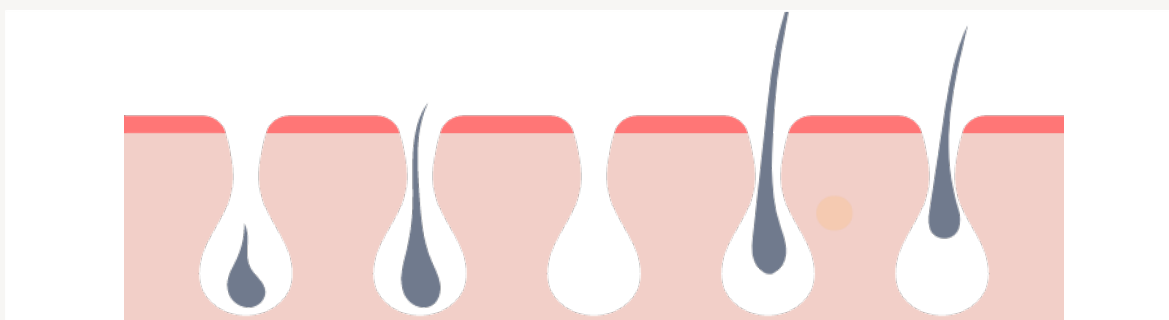
Norwood Hamilton Scale

Stage 1

Your photos show a normal hairline with no signs of alopecia at the moment.



Hair Analysis



Hair Count

~ 100000

Type

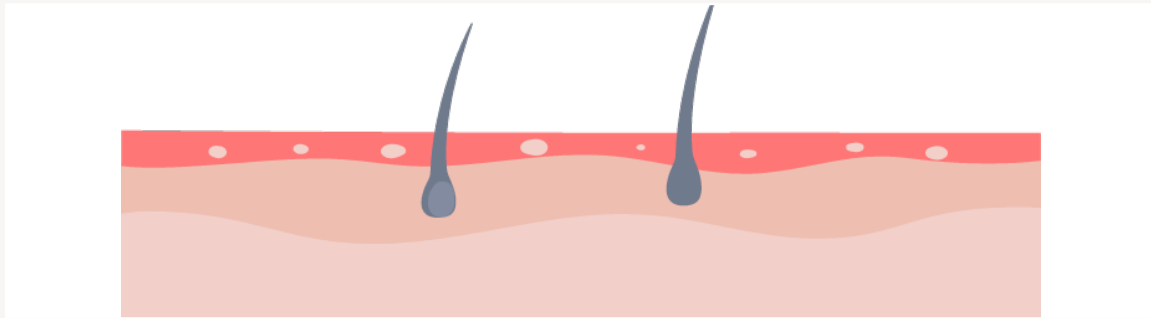
Straight Hair

Density

Optimal Density



Scalp Analysis



Dandruff

Not Visible



Hair Status and Treatment Options with Hairdresser



Deep Conditioning & Hydration

Consider deep conditioning for dry hair – ask your stylist for suitable products.



Scalp Massages And Dermarolling

Use scalp massager and dermaroller to boost scalp health and blood circulation.



Hair and scalp care.

Please use Shampoo without sulphate and avoid harsh dyes or heat treatments

Norwood-Hamilton Scale

	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	Stage 6	Stage 7
Typical Pattern							
Anterior Pattern							
Vertex Pattern							

Norwood-Hamilton Stage 1

Recession around the temples

Your photos show a normal hairline with no signs of alopecia at the moment.

Understanding Hair Shedding

Are you experiencing hair loss? It is completely normal to shed up to 100 hairs per day as part of the natural hair growth cycle. If you feel your shedding is excessive or if you're concerned about any changes, there's no need to worry just yet. However, it would be a good idea to take another set of photos in six months to monitor for any changes.

Nutrition and Wellness

For now, focus on living well! Make sure you get enough sleep and manage stress as best you can. Avoid smoking, as tobacco is a risk factor for both the development and progression of androgenetic alopecia. Eat a healthy, balanced diet. If you think your diet may lack certain vitamins that support strong hair, you can consider supplements such as Vitamin B8, vitamin A, vitamin D, vitamin E and zinc.

Scalp Care for Healthier Hair Growth

Take a few minutes every day to gently massage your scalp to promote good blood flow to the hair follicles. Try to avoid dyeing your hair with harsh chemicals, and steer clear of shampoos containing sulphates or coal tar. Shampoos with natural ingredients such as palmetto oil, rosemary oil or lavender oil have some anti DHT (dihydrotestosterone) activity and may help prevent hair loss.